

Level 1 Award in Mental Health Awareness

This qualification develops learners' knowledge and understanding of mental health issues. It develops and recognises learners' personal knowledge and skill to encourage a healthy lifestyle.

Level 1	GLH 24	Credits 3
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Cost	£149
Units	Develop an understanding of mental health
Pre-requisites	<p>Prior to registration for this qualification learners are required to:</p> <ul style="list-style-type: none"> • Be accurately identified • Be 16 years of age or over • Be able to communicate effectively in English (included listening, speaking, reading and writing) <p>There are no other pre-requisites to certification other than completion of assessment criteria.</p>
Benefits	<ul style="list-style-type: none"> • Enhance your knowledge and understanding of mental health • Develop your understanding of mental health concepts
Qualification structure	<ul style="list-style-type: none"> • Qualification is delivered online with tutor support • Course length - approx. 1 month
Suitable for	<p>This qualification is suitable for any individual who wishes to develop their knowledge and understanding of mental health. Possible progression routes are:</p> <ul style="list-style-type: none"> • Level 2 Certificate in Awareness of Mental Health • Level 2 Certificate in Understanding Children and Young People's Mental Health
Course date	<p>This course can be booked at any time and is completed flexibly around your home and work life balance. Tutor support sessions can be scheduled between 9am-5pm Monday - Friday.</p>
Assessment	<p>Learners are assessed through theory-based, written activities. These can be completed via the online learning portal in the form of an assignment.</p>

To book on to our Level 1 Award in Mental Health Awareness, get in touch:



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