

First Aid Course

Our Active First Aid course aims to provide children with the essential skills needed to help others in a first aid situation. Delivered through interactive workshops, role play scenarios and practical demonstrations, this course will help boost confidence and understanding of the key steps required to help others.

Cost	£399 per class (up to 30 pupils and minimum 2 hours)
Topics covered	<ul style="list-style-type: none"> • Keeping yourself safe/assessing danger • Recognising signs and symptoms • Know what to do in an emergency • Giving first aid in different situations • Focus on: Burns; Bleeds; Breaks; Choking; Unresponsive person; Asthma; CPR
Pre-requisites	N/A
Benefits	<ul style="list-style-type: none"> • Recognise and assess first aid situations • Increase understanding of how to help others • Know what to do in a first aid situation and understand what to say to the emergency services
Qualification structure	6-hour course
Suitable for	Pupils in year groups 5/6
Course date/venue	The course will take place at your school to suit your timetable - please note active first aid needs to be booked in addition to any current service delivered by ActiveMe 360 and not in replacement of.
Assessment	Assessment of learning will take place via quizzes and practical demonstrations. All children will receive a certificate of completion.

To book on to our Active First Aid Course, get in touch:



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